

To find out more about services provided by Every-One please complete the following details:-

Name

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Address

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Post Code

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Email

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Telephone

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I am interested in:

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Please return to:

*Every-One*

Email: [hello@every-one.org.uk](mailto:hello@every-one.org.uk)

Post: No 5, The Stables,  
Wellingore Hall,  
Wellingore, Lincolnshire,  
LN5 0HU

## Why Every-One?

**Experience** – Every-One is built on years of experience of supporting carers and their families as Lincolnshire Carers & Young Carers Partnership. We have a good reputation for understanding the needs of carers and for ensuring that their voice is heard.

**Values** – Every-One strongly believes in supporting people to develop and grow, and that services need to meet the needs of individuals as every **one** person is different.

**Flexibility** – Every-One believes that one size does not fit all. We will work with you to personalise courses according to your needs.

## Service Development at Every-One

Every-One is an organisation that is evolving and growing its range of services. Other services we currently provide include:

- \* Project Development
- \* Coaching Support Services
- \* One-to-one & peer support services
- \* Engagement Services
- \* Events Management
- \* Facilitation, Advice & Consultancy
- \* Volunteering Opportunities

To keep up to date with our developments, please follow us on our website at:

[www.every-one.org.uk](http://www.every-one.org.uk)



## **Training, Development & Awareness**

Help us to support carers and the people they care for, to have choice and control over their wellbeing.

**Every-One**

Tel: 01522 811 582

Email: [hello@every-one.org.uk](mailto:hello@every-one.org.uk)

Website: [www.every-one.org.uk](http://www.every-one.org.uk)



## ABOUT EVERY-ONE

Every-One aims to empower people to be in control and at the centre of their own health, wellbeing and social needs and by amplifying their voice, we can influence services and support for the better.

At Every-One, we believe:

- People should be at the centre of their own health and social care through having choice and control
- Services should be built around the person and not the process
- Many people need support to exercise their choice and control
- People are the experts in their own lives and sharing their lived-experiences can improve services
- Where possible, people are best supported within the community they live in and in a way that recognises the whole person.

## OUR TRAINING OFFER

**Here is sample of sessions we can offer, but this is growing and we would be happy to discuss your needs with you if you can't find what you are looking for.**

### **Carer Awareness Training**

The aim of this session is to enable an organisation to explore and learn about ways to pro-actively engage with, and increase identification, referral and support of unpaid carers.

### **Growing Carer-Friendly Communities**

The aim of this session is to enable community groups to learn about ways to positively engage with unpaid carers.

### **Looking after Yourself**

This session is aimed at carers, the people they care for as well as professionals who may value time to step back and learn about ways to care for themselves at times of uncertainty.

### **Understanding your Rights**

The aim of this session is to inform carers of their rights and those of the person they care for. This includes an introduction to the Mental Capacity Act 2005 & the Care Act 2014.

### **Introduction to Safeguarding for Carers**

This session provides an introduction to practical ways to keep yourself and the person you care for safe in the community.

### **Sharing the Care with others**

The aim of this session is to help carers, extended families and professionals to work better together for the benefit of the person they both care for.

### **Person-Centred Support**

This session is aimed at carers and volunteers who may wish to lead or contribute to the planning of person-centred support

### **Preparing for a Transition**

This session helps carers prepare themselves and the person they care for when moving from home to a care or hospital setting.

Please do ask us about other relevant training topics as we may be able to assist directly or signpost you to training experts in our trusted network.

## WHO IS THE TRAINING FOR

- Carers and the people they support
- Health & Social Care Practitioners
- Businesses and their employees
- Community Groups
- Voluntary Sector Organisations
- Volunteers